Buy Fresh, Buy Local, Roosevelt, NJ

Why is locally grown food important?

It tastes better because it's picked when fresh, not harvested in advance for long-distance shipping.

It's better for your heath because fresh food contains more nutrients.

It's better for the environment because it maintains open space and promotes sustainable practices.

It's better for the community because it supports and creates a connection with local farm families.

It's better for the climate because it reduces carbon emissions from long-haul transport of food.

In Roosevelt, locally grown food is available at Mendies Farm, which operates a roadside stand and CSA (Community Supported Agriculture, where members buy a share of the produce grown on the farm.) The Farm is owned and managed by Roosevelt residents, Lawrence and Heidi Mendies.

Mendies Family Farm; Farm Stand and CSA: 65 N Rochdale Avenue, Roosevelt, NJ, (609) 820 8809

http://www.mendiesfarm.com/

Farm Stands offering locally grown food.

These stands are open during the growing season.

Produce Paradise: Assunpink Wildlife Management Area, on the Clarksburg-Robinsville Road, by the large sycamore trees.

Appelget Family Farm: 135 Conover Road, West Windsor, NJ (609) 902-8372

KJD Farms: 1510 Old York Rd., Robbinsville, NJ 08691 https://www.facebook.com/Kdjfarm/

Bullock Farms: 83 Emleys Hill Road, Cream Ridge, NJ 08514 https://www.facebook.com/bullockfarms

At Bullock Farms is Screamin' Hill Brewery https://screaminhill.com/

Pop's Farm Market: (609) 655-4175, 238 Cranbury Station Road, Monroe Township, N J 08831 <u>https://popsfarmmarketandgardencenter.com/</u>

Moonshot Farms: 415 Imlaystown Road, East Windsor, NJ 08520 https://www.moonshotfarm.com/

Krackerjacks Farm Market: 1009 NJ-33 west, Monroe Township, NJ 08831 (609) 495-5034

Kyle Family Farm: 831 Windsor Perrineville Rd, East Windsor, NJ 08520 https://kylefamilyfarm.com/

Corner-Copia: 619 Mercer Street, Hightstown, New Jersey 08520 (609) 208-9116 <u>http://www.corner-copia.com/farm-market/</u>

Lee Turkey Farm: 201 Hickory Corner Road, East Windsor, NJ 08520 609 448 0629 https://www.leeturkeyfarm.com/ **Cranbury Brook Farm**: 308 Federal Road, Monroe Township, NJ (609) 918-0351 <u>http:///www.cranburybrookfarm.com/for-sale-at-the-farm.html</u>

Hyland Farm: 1042 Windsor Road, Millstone, New Jersey (609) 575-4039

The Rising Sun Farm: 26 Rising Sun Road (571), Millstone, New Jersey (609) 462-9508

Stargazer Fields: 17 Olde Noah Hunt Road, Millstone, NJ (732) 675-0593 Blueberries only

Red Wagon Farm Market: 437 State Route 33, Manalapan, New Jersey https://redwagonfarmnj.com

Local Farmers Markets

Trenton Farm Market: Wednesday – Saturday 9:00am-6:00pm, Sunday 9:00am – 3:00pm, 960 Spruce Street, Lawrence Township, NJ 08648. (609) 695-2998. **Halo Farms** is right next to the Farm Market, and has local dairy products.

Hightstown Farmers Market: Fridays from June to September, 5pm – 8 pm **Hightstown Fun Friday** will be back in 2022, Memorial Park, Hightstown, NJ 08520

Pennington Farmers Market: Mid – May through November, Saturday 9:00am – 1:00 pm 101 Route 31N, Pennington, NJ 08534

Robbinsville Farmers Market: The Shoppes at Foxmoor, 1095 Washington Blvd, Robbinsville, NJ 08691 https://www.robbinsville-twp.org/departments/recreation_division/farmers_market.php

Princeton Farmers Market: Select Thursday from10:00am – 2:00 pm Dinky Train Station Parking Lot, Princeton, NJ 08540

West Windsor Community Farmers Market: Saturdays May 7 – November 19 from9:00 am – 1:00 pm, Southbound Vaughn Drive Parking Lot of the Princeton Junction Train Station 2 Vaughn Dr., Princeton, NJ

You Pick Farms

current list https://www.pickyourown.org/NJcentral.htm

Sweet and Local Treats

The Artful Baker: Specializes in Themed Dessert Parties, (908) 433-0720

https://www.facebook.com/TheArtfulBakerLLC/

Four Boys Ice Cream Hightstown 122 S Main St, Hightstown, NJ 08520 (609) 901-3452 https://www.fourboysicecream.com/